

NarAnon Ontario Regional Service Committee Meeting Minutes

Location: Zoom

Date: January 13, 2024

Time: 11am- 12:45pm

Chaired by Sue the Ontario Regional Chair

Minutes taken by Lisa (Burlington GSR)

Meeting opened by Sue requesting a volunteer to take minutes– Lisa (Burlington GSR) volunteered.

- 1) Serenity Prayer - Louise
- 2) NarAnon 12 Concepts– Patty and Janice
- 3) Roll call: Sue (Chair), Patty (Toronto virtual GSR), Laura (Oakville GSR), Louise (Barrie GSR), Janice (London GSR), Lisa (Burlington GSR), Karen (Owen Sound GSR), Cindy (Hamilton Sundays GSR), Lisa (Etobicoke GSR), Monica (Guelph GSR), Deb (Guelph and Regional Treasurer), Laurie (Ottawa GSR), Kate (Oshawa GSR), Sally (Windsor GSR), Leena (Toronto GSR), Debbie (Windsor GSR). Quorum established.
- 4) Review and Acceptance of previous minutes: No questions on minutes from Nov. 18/23 meeting. Meeting minutes accepted by Patty, seconded by Laura.
- 5) Review and Acceptance of the Treasurer's Report
 - a) Sue asked if we needed to continue with a breakdown of donations by group?
 - Discussion back and forth with both cases presented.
 - Discussion ended with agreement to leave them as they are on the report as it provides accountability and clarity and allows for each group's verification and confirmation and may motivate groups to donate.
 - b) Treasurer's Report reviewed. No questions regarding the Treasurer's Report. Accepted by Janice and seconded by Monica.
- 6) Service Positions Available: Sue requested suspending the rule in the Guide to Service which indicates the GSR's should not hold other Regional Service positions as we are shy on volunteers. Noting a rotation of service at the GSR level is incredibly important.
 - A few volunteers have stepped up to assist with the website maintenance but we are still shy a permanent volunteer.
 - Secretary, and Delegate are also open positions awaiting volunteers.
 - A request for two Zoom License Coordinators has been made. Region currently pays for 3 Zoom licenses, several days are full which means we struggle with verifications and need volunteers to assist in ensuring smooth usage and verification.

- A suggestion was made for a Regionally available Calendar to show open dates/ times on the 3 Zoom licenses. Laurie will check with Rocky Mountain on how they manage/ organize their and will report back.
 - Elections for all open positions will be held in the Spring but if volunteers would like the positions early, please speak to Sue.
- 7) Literature update: Our Staples contact Mark tried to lighten his load by giving responsibility to each store when orders were ready. 95% failed to do so which created a backlog and a bit of a mess as a result Mark will be returning to his original role and will coordinate informing GSR's and Sue.
- 7 orders will be going in on the 15th of January.
 - If groups need a rush order please let Sue know, otherwise orders are placed on the 1st and 15th of each month.
 - US members cannot order through OR but must order through WSO.
- 8) Outreach update: NarAnon will not be participating in TACNA as we do not have sufficient volunteers to run or organize our participation
- ORCNA participation will begin planning by the outreach coordinator Lisa in the next week. Please let your groups know should members wish to volunteer.
- 9) Proposed Budget: Thoughts on reimbursement for travel expenses for organizers/ volunteers. GSR's had thoughts on both positions. Will be voted on in the Spring.
- Proposal for a motion in the Spring for Region paying for new comer's packages.
 - We currently do not have a delegate so we will not have representation at WSC this year.
 - We have put the website rebuild on the back burner until a replacement has been found to do it.
 - A suggestion was made to keep the prudent reserve the same as fixed costs to ensure adequate protection. RSC agreed.
 - \$1000 donation presentation as a suggestion to WSO as OR has not donated to WSO in several years.
 - Treasurer reported that in 2023 group individually donated over \$8000 to WSO which prompted concerns on both sides as to whether a \$1000 OR donation was too little or too much.
 - A percentage was instead suggested, looking at our account balance vs our proposed budget (including the potential website) and taking a percentage of the balance. This would ensure continuity in following years. GSR's requested taking this back for a group conscience and we will vote on it in the Spring.
- 10) Updated Narateen Guidelines: will be carried over to our next meeting as we ran short on time.

New Business

11) a) Providing "Continuing After Loss" free of charge to those that need it proposed by Chair with no opposition and 15 members voting yes in a group conscience.

b) Unity Statement question from Laurie (Ottawa)- do our groups have one, if so can you share?

- No members knew what it was nor reported having one. Laurie shared that it was similar to an inclusion statement.
- Discussion about whether it would be permissible by NarAnon Guidelines.

c) Reimbursement for Outreach members on travel expenses discussed previously, but will be voted on in the Spring.

A meeting to discuss Narateen guidelines scheduled for February 10th at 11am on Zoom agreed upon.

Prayer for the Growth of our Fellowship- Sue

Meeting adjourned at 12:45pm

Meeting Minutes submitted by Lisa (Burlington) on Jan. 13/24 to Sue.